



Rhythms of Life

STAFF TRAINING FAQ'S

"Rhythm is a universal language, creating a dialogue between us at the most basic creative level. Drumming together cuts through racial, cultural, and gender differences to the core of who we are." - Arthur Hull, *Drum Circle Spirit*

What will the staff learn?

- A wide variety of rhythms for beginners to advanced.
- Drum circle facilitation techniques.
- Rhythm activities for all grade levels.

Does the staff need previous musical training?

No. Educators already possess well-developed facilitation skills. Even someone who is a novice drummer can facilitate an excellent rhythm circle.

What style of training can we expect?

- Three hours of high-quality training delivered by experienced and engaging facilitators.
- High-energy, experiential rhythm education founded in the rich musical traditions of West Africa.
- Fun and engaging facilitation techniques that leave staff feeling inspired and confident.
- Insight into the history of drumming and its cultural significance, as well as resource materials for creating cross-curricular lesson plans that connect drumming with geography, history and social studies, to name a few.

How much does the training cost?

- \$165 per person (15 people minimum, for groups over 30 please contact Rhythms of Life).

Do I need to purchase drums prior to the training?

Yes. Please see our product order form at www.drumbus.com. If you have not purchased enough drums to provide each participant with a djembe drum, Rhythms of Life can provide additional instruments for use during the training (shipping fees may apply).

What type of room or accommodation is necessary?

- A large space, such as a gym or multi-purpose room (an outdoor space is also acceptable – weather permitting).
- One chair for each participant.
- T.V. and DVD player.

Can students be present at the training?

Yes. This allows staff to see actual facilitation of rhythm education with the students. A training that includes a beginner drumming workshop will also include a staff-only session. Please notify us ahead of time if you would like to include your students in the training experience.

DRUMMING BUILDS CONFIDENCE AND COMMUNITY

"I've seen a significant decrease in the number of altercations between students on the playground since the Rhythms of Life workshops." - John Terry, Behavior Interventionist